

Individual Development Plan (IDP)

Co-created by mentee and mentor; reviewed each semester. The IDP is the mentee's, not the project's.

Member: __ **Mentor:** __ **Term:** __ **Stage:** ☐ Foundation ☐ Contribution ☐ Leadership

Where I am

- Current role(s) and project(s):
- Strengths I bring:
- Skills I'm developing (scientific / computational / professional / human):

Goals this term (SMART)

Goal	Why it matters to me	Measure	Due

Scholarly products targeted this term

- (abstracts, posters, notebooks, manuscript sections, presentations)

Support & sponsorship

- Support I need from my mentor/group:
- Opportunities/awards to be put forward for:

Longer-term aspirations

- Next step after RIPLRT (grad/professional/research/industry/etc.):
- How this term moves me toward it:

Wellbeing & workload

- Sustainable load? Boundaries to protect:

Review log

Date	Notes	Adjustments